East6: Software for Designing, Simulating and Monitoring Group Sequential Trials

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ABSTRACT

Cytel’s East6™ is powerful interactive software designed to plan, simulate and monitor clinical trials, with an emphasis on group sequential and adaptive trials. It comes with an easy-to-use, intuitive GUI with the ability to compute Sample Size / Power for trials with continuous, binary and time-to-event endpoints. One can incorporate rules for early termination using flexible efficacy and futility boundaries and compare multiple designs graphically and through tables. Simulations can be used to explore various operating characteristics of a trial wherein specific steps can be customized by supplying user defined R functions. Interim Monitoring enables the user to monitor an ongoing trial and compute inference about the effect size. It can interface with external systems like SAS® for analyzing the accrued data. This article will demonstrate these features with the help of a case study starting with a Fixed Sample Design and then extending it to a Group Sequential Design.

INTRODUCTION

East is designed to meet the planning and monitoring needs of clinical trials. It has been developed over several years by accommodating the advanced and complex statistical concepts in the clinical trials domain. This article focuses on the varied functionalities of East and the plethora of statistical features that it offers. Two case studies shall be considered which would cover the following features – Study Design, Simulations, Interim Monitoring, Charts and a couple of other functionalities like creating multiple scenarios and exploring them using the Output Summary feature.

DESIGN

Interactively designing a group sequential study is much more complex than designing a fixed sample study. The patient resources needed in a group sequential study depend not only on the desired power and significance level but also on other factors like the number of looks planned at the data, the stopping boundary family used, the type of hypothesis sought to be rejected etc. To take full advantage of the group sequential methodology, one must have highly interactive software available, both at the study design stage and at the interim monitoring stage. East is especially being developed with this interactivity in mind. It allows user to design clinical trials using flexible efficacy and futility boundary families allowing for combinations of families. For instance, Efficacy boundaries can be formed using Spending Functions approach whereas futility boundaries can be formed using the p-value method. The boundaries at all the interim looks can be viewed on different scales like Z-scale, Score-scale, p-value scale etc. East has the ability to incorporate accrual and dropout processes at the design stage and explore different scenarios by observing the effect of dropouts on the overall accrual and study duration. Lastly, the Compare Design feature enables user to compare multiple designs in a tabular as well as graphical manner.

INTERIM MONITORING

This is a separate module of East having the ability to monitor a group sequential trial. It performs computations of repeated p-values, confidence intervals, naïve confidence intervals at each interim look and adjusted p-value, confidence interval and the median unbiased estimate of the effect size at the end of the study. Based on the interim data, the module arrives at the conclusion such as the study could be terminated early establishing efficacy or futility

SIMULATIONS

This is a very useful feature which provides the user a lot of insight into the study design. It can simulate an on-going clinical trial and compute the empirical power of the study. These simulations can be performed to verify different operating characteristics of a trial. One can explore different combinations of accrual and dropout rates to observe their effect on overall operating characteristics like power, accrual duration and study duration.
All important steps in simulations like generating various types of data and computation of test statistic can be customized by supplying user defined R functions for executing these specific steps. This opens up the software for a lot of customization that may not otherwise be possible.

As mentioned above, East features shall be explored with the help of two case studies. In the first case study, discussion focuses on Design and Interim Monitoring of a normal endpoint clinical trial of Schizophrenia whereas the second case study shall focus on Design and Simulations of a time-to-event endpoint clinical trial of Breast cancer.

GUI of EAST

East has a very powerful yet very attractive and interactive User Interface. The complete software is grouped into four modules- Home, Data Editor, Design and Analysis. In this article, the focus is on Home and the Design menus.

Home menu is broadly divided into three panels Library, Ribbon Bar and Help. Library is the repository of data such as workbooks, datasets, plots and nodes for Design, Interim Monitoring and Simulations. This data appears in the tre-view. It also allows the user to perform basic tasks such as renaming and saving the node, writing user-defined notes for a particular node.

In Figure 1, an example of the view is shown. A dataset namely BloodparElements.cyd is opened and analysed. The analysis node can be seen linked to the dataset in the Library. Next, a group sequential study is designed. The Interim Monitoring dashboard, Simulation and the Design chart, if invoked are appropriately placed below the design.

The Ribbon Bar has sub-menus which offer useful options like opening or creating new workbooks and datasets, saving and printing functionalities. One of the important features in this panel is Global Options where the defaults in terms of values as well as input/output precision can be set. The Import functionality enables importing external data files in Excel format as well as datasets from software packages like SAS and SPSS®. The Canvas functionality enables creating customized reports from the designs and analysis that have been carried out using East. Use of Canvas functionality is briefly explained at the end of this article. The right hand side panel is of the context sensitive Help. It shows useful information about the control that is selected or is being edited. The help content consists of the definition of that quantity, suggested values, acceptable range if applicable and lastly the different ways of entering value(s) in East. Some of the ways are demonstrated in this article.

STUDY DESIGN

Designing a clinical trial is a very crucial step towards the development of any drug. While designing a trial, many factors are to be taken into account. Some of the important ones are the primary and/or secondary endpoint of the response variable, the significance level (\(\alpha\)), desired power value (1-\(\beta\)) and the difference to be detected (\(\delta\)). One can either design a Fixed Sample Study and analyze it after the collection of complete data or design a Group Sequential Study and monitor the data at the specified intervals of time. The Design feature of East provides well-recognized error spending approaches to control the Type I error rate (e.g., Lan-DeMets - O’Brien-Fleming or Pocock, Peto
methods, Wang-Tsiatis and Pampallona-Tsiatis methods and many other) that will enable early termination of a study when either no beneficial treatment effect is seen or a statistically robust demonstration of efficacy is observed.

**CASE STUDY 1 – NORMAL ENDPOINT SCHIZOPHRENIA TRIAL**

Consider a two-arm trial to determine if a new drug is efficacious for treating negative symptoms in Schizophrenia as compared to the placebo.

**Primary endpoint** – Improvement from baseline to week 26 in the Negative Symptoms Assessment (NSA)

The effectiveness is defined by \( \delta = \mu_t - \mu_c \) where \( \mu_t \) and \( \mu_c \) denote the mean difference in NSA at the baseline and NSA at week 26 for Treatment arm and Control arm respectively. The trial is designed to test the null hypothesis \( H_0: \delta = 0 \) versus the one sided alternative hypothesis \( H_1: \delta > 0 \). From the past data on related studies, 2-point improvement in NSA is expected which means \( \delta \geq 2 \). The between-subject standard deviation \( \sigma \) is believed to be 7.5. A Fixed Sample Design (FSD) for this trial will be created first and then it will be extended to a Group Sequential Design (GSD).

With these input parameters, the design FSD is fully powered if a total of 592 subjects are enrolled (296/arm). However, there is considerable uncertainty about the true value of \( \delta \). If the true effect was not of 2 units and was greater than that, say 2.5 then the design won’t require 592 subjects to detect this difference. In fact, a sample size of 380 would suffice to achieve the power of 90% and a sample size of 592 would overpower the trial. Generally, the sponsor is not in favour of designing an overpowered trial. Here is a need to consider a design that might be more flexible with respect to sample size. The Group sequential designs can help us in this situation.

**GROUP SEQUENTIAL TRIAL**

Let us explore different scenarios in the Schizophrenia trial by designing a group sequential trial. A design is constructed with two interim looks and 90% power to detect \( \delta = 2 \) such that if in fact, \( \delta = 2.5 \), the trial will stop early. This can save a lot of resources in terms of number of subjects to be enrolled, the study duration and hence the capital investment. If the number of looks is changed to 3, keeping all other parameters constant, an additional tab called...
Boundary Info appears. Here, one can select the boundary family and the alpha spending function to be used for the trial. East provides different boundary families like the Spending function, Haybittle-Peto, Wang-Tsiatis and many others. Combination of these families for obtaining boundaries for efficacy and futility is also possible as can be seen from the Figure 4. This kind of flexibility is unique to East and not commonly seen in other software packages which deal with group sequential trials.

Another major design parameter to be specified on this tab is the timing of the interim analyses. In this case study, consider that the looks are taken at equal spacing. Generally, the type 1 error should be spent conservatively in the early stages of a trial so as to avoid premature termination. Thus, the early stopping boundary is obtained by the conservative O’Brien-Fleming spending function. The three designs FSD, FSD_1 and GSD_1 can be seen in the Figure 6 below.

INCORPORATING ACCRUAL / DROP-OUTS
Since the response on primary endpoint for this trial will only be observed after 26 weeks, the actual saving in sample size will depend upon the accrual rate. In this case study, the accrual rate is anticipated to be 8 subjects per week and response lag of 26 weeks is to be taken into consideration. Thus, 208 subjects would have been already accrued and just a traditional group sequential trial may not lead to a lot of saving in this case. The accrual and dropout information needs to be incorporate in the study. East provides the facility to enter the Accrual/Dropout information for designs with normal and binomial endpoints along with time-to-event endpoint as against East®5.4 which allows it only for time-to-event endpoint. Consider that 10% of the subjects from both the arms are expected to dropout from the trial. To incorporate this information, edit GSD_1 by clicking on tool and bring in Accrual/Dropout Info Tab from the Include Options button.
The designs FSD and FSD_1 demonstrate the use of fixed sample design for varying values of $\delta$. This design is extended to a group sequential design, GSD_1 with two interim and one final look. Both FSD and GSD_1 have 90% power to detect $\delta=2$ with a one-sided level of 0.025 test. Their sample size commitments too are almost the same. However, under FSD there is no possibility of early stopping whereas under GSD_1, it is possible to stop early and thereby save on sample size. If the drug is effective, the expected sample size required is 480 in case of GSD_1 while it remains to be 592 for FSD. Under GSD_1, the upfront commitment of 599 subjects is required to detect $\delta=2$. On adding the dropouts in GSD_2, this commitment increases to 666 and the expected sample size is increased from 480 to 651 under $H_1$.

EXPLORING SCENARIOS USING MULTIPLE VALUES FOR INPUT PARAMETERS

East can create multiple designs at a time and compare them graphically. Suppose, the user is interested in assessing the operating characteristics of one group sequential design over a range of $\delta$ and Power. It can be done by entering these multiple values as either comma separated values or in the form From: To: StepSize.
To explore different combinations of Power and \( \delta \) values, two values of Power are entered as comma separated values: \( 0.8, 0.9 \) and six values of \( \delta \) from 2 to 2.5 in steps of 0.1: \( 2:2.5:0.1 \). This results into twelve design scenarios which can then be compared using the compare plots option. In the Figure 8, one can see trend in the sample size required to achieve desired power over the range of \( \mu_1 \). From the plot in Figure 9, one can observe the behaviour of Power function over a range of \( \delta \) for a constant sample size 600.

INTERIM MONITORING

This is another major feature of East which has the ability to monitor the trial on the Fisher information scale. It also computes the repeated as well as stage-wise adjusted inference like p-values, confidence intervals and unbiased estimates of parameters.

Let us monitor the Schizophrenia trial by creating the IM dashboard for GSD_1. This can be done by selecting the design and clicking on the IM button. Refer to Figure 10 for a blank IM dashboard. The central panel allows us to enter the look-by-look data in the Test Statistic Calculator (TSC) which can be invoked by clicking the TSC button. An alternative input strip is also made available to enter the look data. The bottom half of the interim monitoring worksheet contains four charts, each with a corresponding data table to its right. These charts summarize the progress of the study and are useful tools for decision making by the data monitoring committee.
As can be seen from Figure 10, one needs to enter the interim data in terms of the “Overall Completers” at that look and the pair \((\delta, SE(\delta))\). The direct value of “Test Statistic” can also be entered in the TSC. One can need the design level information while entering the data on IM. It can be easily accessed by clicking the button \(\square\). This information can help the user to decide the sample size/completers at the interim looks. Although the study has been designed assuming three equally spaced analyses (suggested look positions by East design - 200, 400 and 600), departures from this strategy are permissible using the spending function methodology of LAN and DeMets (1983). At each interim analysis time point, based on the current look information, East will determine the amount of type-1 and type-2 error that can be spent and this is done on the basis of the spending functions specified at the design level. It will then re-compute the corresponding stopping boundaries. This strategy ensures that the overall type -1 error will not exceed the nominal significance level \(\alpha\).

The default value of \(\hat{\delta}\) in TSC is the same as design \(\delta\) and the default value of standard error at each look is computed as \(\sqrt{\frac{\sigma^2}{(N_i \cdot r \cdot (1 - r))}}\) where \(N_i\) is number of completers at \(i\)th look; \(r\) is the Assigned Fraction at the design level. Although, the trial is designed with three looks, one can enter the data for more than three looks in IM. Suppose the user decides to take five looks and enters the number of completers at each of the hypothetical analyses as 100, 200, 300, 400, and 600. The \(\hat{\delta}\) values and corresponding SE values at these looks were \((1.878, 1.5), (2.146, 1.06066), (1.766, 0.86602), (1.756, 0.75), (1.7558, 0.61237)\).

As the summary data from each interim look is entered into IM dashboard, East computes the 97.5% repeated confidence interval for the effect size. It can be observed here that as the test statistic approaches the upper stopping boundary, the lower bound of the repeated confidence interval approaches zero. If the test statistic crosses the upper stopping boundary then the null hypothesis is rejected and the confidence interval at that look is expected to exclude zero. At the 5th look, the upper boundary is crossed and the Conditional Power chart is replaced by the Final Inference table. This table displays the achieved post-hoc power (0.901) of the adopted sequential procedure. The adjusted \(p\)-value is 0.007, consistent with the rejection of \(H_0\).

In this case study, illustration of Design and Interim Monitoring was done for a Normal endpoint Schizophrenia trial. Couple of other features like creating and comparing multiple design scenarios were also covered. In the next case study, the Simulations feature will be demonstrated to explore real life scenarios in a clinical trial.

**CASE STUDY 2 – SURVIVAL ENDPOINT BREAST CANCER TRIAL**

Breast cancer these days is prevalent among women worldwide and accounts for nearly one in four cases of cancer among women. Novartis launched the Femara versus Tamoxifen Adjuvant (FEMTA) trial in March 1998, a two-arm, phase-III, randomized, double-blind trial to compare 5 years of treatment with either Femara or Tamoxifen.
in postmenopausal women with operable, invasive breast cancer. For details on this trial, one should visit [http://www.ncbi.nlm.nih.gov/pmc/articles/pmc2893024/](http://www.ncbi.nlm.nih.gov/pmc/articles/pmc2893024/)

**Primary Endpoint** - Disease-Free Survival (DFS), which was defined as the time from random assignment to the earliest time of invasive recurrence of cancer in local, regional, or distant sites or death from any cause.

**Input Details** - For the comparison of Femara and Tamoxifen, a sufficient number of subjects were enrolled to provide 80% power using a one-sided, 0.025-level test to detect a 20% reduction in the hazard rates. The Survival Percentage for Tamoxifen (control arm) at end of 5 years was known to be 75% and Hazard Ratio (\( \lambda_0 / \lambda_c \)) of 0.8065 was to be detected. The Hazard rates on the two arms can be computed as \( \lambda_c = - \ln(0.75) / 60 \) which is 0.004794 and \( \lambda_T = 0.003867 \). This was a 5-year study; 3 year enrollment and 2 additional years of follow-up. A group sequential design incorporating the above inputs was constructed with two interim looks and one final look. These three looks were spaced at the 30%, 70% and 100% information. Additionally, a futility boundary with the spending function Gamma (-4) was also introduced. Refer to the design GSD_1 in Figure 13 on next page for this scenario. Observe that because of introducing efficacy and futility boundaries, expected number of events reduced from 679 (FSD) to 477 (under H0) or to 571 (Under H1), but the upfront commitment in terms of events is 702.

A clinical trial and particularly an oncology trial is constant accrual/dropout information and hazard rates. The Accrual/Dropouts/Hazard information may not be constant throughout the duration of study. Secondly, the subjects need to be followed either till the end of the study or for a specified period of time after the drug administration. Designing a clinical trial with such inputs may not be possible without a software support. East has all the required options to handle such situations. The information on non-proportional hazard rates can be provided as inputs in different ways like simple hazard rates or % Survival Rates or Median Survival Times. Non-constant accrual/dropout information can be entered as well in the form of tables available on the Accrual/Dropout Info tab.

Consider the Breast Cancer study to explore Design and Simulations features for the scenarios stated below-

- Probability of subjects dropping out from both the arms by month 60 is 10% (GSD_2)
- Non-constant accrual (20% in year1; 80% in years 2 and 3) (GSD_3)
- Fixed follow-up of 24 months for each subject (GSD_4)

Observe the impact of introducing dropouts in GSD_2 of Figure 13. The Maximum Sample Size under H_0 and H_1 increases. Suppose this design is simulated in East. Figure 12 shows the table of average Accruals, Dropouts and Study Duration from the simulation results. On an average, 231 subjects drop out over the course of the trial having an average duration of 52 months.

<table>
<thead>
<tr>
<th>Look #</th>
<th>Average Accrual</th>
<th>Average Dropouts</th>
<th>Average Study Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Look Time</td>
<td>Events</td>
<td>Sample Size</td>
</tr>
<tr>
<td>1</td>
<td>29.045</td>
<td>211</td>
<td>3657.258</td>
</tr>
<tr>
<td>2</td>
<td>46.329</td>
<td>491</td>
<td>4409</td>
</tr>
<tr>
<td>3</td>
<td>59.961</td>
<td>762</td>
<td>4409</td>
</tr>
<tr>
<td>Total</td>
<td>51.597</td>
<td>573.065</td>
<td>4343.348</td>
</tr>
</tbody>
</table>

**Incorporating Non-constant Accrual Rates**

Refer to the design output for GSD_3 in Figure 135. Due to non-constant accrual rates, the sample size is further increased to 4640 (4441 under H_0 and 4583 under H_1).

**Introducing Follow-up Time**

In some time-to-event trials, subjects are only followed for a fixed period of time. In the current example, suppose the subjects were treated for 24 months and were no longer followed. If event was not observed, the subject was censored. Refer to the design output for GSD_4 in Figure 13. A huge impact of the 24 month follow-up can be seen on the sample size of the study. The sample size is increased from 4640 to 7264.
SIMULATING NON-PROPORTIONAL HAZARD RATES

In a clinical trial, there is always a possibility that the drug takes a while to become effective and the response might be observed with some delay. For example, there can be a situation of no difference in survival curves for Treatment and Control for first six months (HR = 1). After six months, the drug starts showing its effect and thus HR = 0.8065 is to be detected henceforth. Consider that the hazard rate for Control arm is same throughout the study. Let it be 75% survival or in terms of rate, \( \lambda_c = \frac{-\ln(0.75)}{60} = 0.0048 \). East allows the user to assess the impact of non-proportional hazard rates through simulations. Design GSD_3 is simulated to explore this scenario.

Note that the mathematical formulae can also be provided as inputs. On simulating with these parameters, one can observe that the power goes down from 80% to 64%. Refer to the column named GSD_3_Delayed_Resp in the Figure 15. This is because of the delay in response on Treatment arm. Certain adjustments like increase in number of events from 702 to 1000 can be made. On simulating with modified number of events, the lost power is recovered. Refer to the column named GSD_3_Increased_Events. The desired power was achieved by increasing the number of events but this was done at the expense of Study Duration. As the events were increased to 1000, Study Duration was also increased from 53 to 67. To avoid this, total SS is increased from 4640 to 6000. Avg. Study duration changes from 67 to 56. Refer to column GSD_3_IncreasedSS.
TAKING ADMINISTRATIVE LOOKS

At the initial stages of a group sequential trial, we might be more interested in assessing the drug for futility than for efficacy. This could be because we don’t want to declare efficacy with a smaller sample size which will be the case at the start of the trial. In this situation, we would prefer to take an administrative look just to check for futility. This is a new concept and is being introduced in East. East allows the user to take such administrative looks for both efficacy and futility boundaries. User can mark any of these boundaries as absent for a particular look. Some conditions like at least one of the two boundaries must be present for each look are to be satisfied. Let us edit the design GSD_4 and create GSD_5 by keeping all other parameters constant and marking the first look efficacy boundary as absent. This can be done on Boundary Info Tab.

Refer to Figure 17 for the design output of this missing boundary scenario. For GSD_5, comparatively less sample size than GSD_4 is required. From the design output, the effect of marking the first efficacy boundary as absent can be seen. Cumulative alpha spent at the first look is 0 and hence the corresponding efficacy boundary is also not computed. The impact of a missing boundary can be clearly observed in features like Interim Monitoring and Simulations. The concept of missing boundary is yet to be incorporated for both IM and Simulations.
In this case study, a fixed sample study was designed which was then extended to a group sequential trial. Several other scenarios involving non-constant accrual rates, non-proportional hazard rates, dropouts were explored. It can be observed that Simulations is a good tool to deal with such situations. Lastly, a feature allowing us to take administrative looks at the data was demonstrated. Once a study is designed, simulated and monitored, an inference is to be drawn based on the observations. These observations unless tabulated will not be truly meaningful and hence the last section of this article talks about an interesting feature called Canvas which is a feature meant for reporting.

**CANVAS**

Software with advanced features for building alternative scenarios is very much required for conducting a clinical trial. Next step is to compile a report with all the salient observations from the design and analysis of the trial. A clinical study report is a document that gives the complete, verifiable, and accurate picture of a clinical portion of a study. The Canvas functionality of East facilitates generation of completely customized reports with absolutely no programming effort. Many times, a report containing the details from Design and IM stage as well as some exploratory observations obtained from Simulations is required. Canvas is the place to create such reports where one can extract the desired output quantities from different output nodes and then prepare a consolidated report out of them. It is a very simple task as one can actually drag and drop the quantities from the HTML output to the Canvas window. These quantities can either be a single parameter like alpha or a table like stopping boundaries or a chart as well. Once all the desired quantities are pasted to the Canvas, one can either view the resulting report in HTML form or export it to well-established tools like MS word or PDF. The finalized report format can be saved as template.

**CONCLUSION**

The article elaborates key features of East and their usage at different stages of a clinical trial. East provides software support in planning and execution of a clinical trial. There are several other functionalities like Compare Design, Calculators like TSC and Conditional Power etc. which add to the efficient usage of these broad level features. Finally, it also offers a useful tool for generating customized reports in widely used formats like Word or PDF. Some more interesting features are under development. One of them is a link between IM dashboard and external software like R and SAS. This link will allow us to import the raw data from external sources, run the user-defined R or SAS codes on that data and again display the output on IM dashboard. Some more features under development are Adaptive IM and Conditional Simulations which will enrich the software further.
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Webinars on Cytel products: [http://www.cytel.com/science-technology/webinars]
East5 User Manual

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